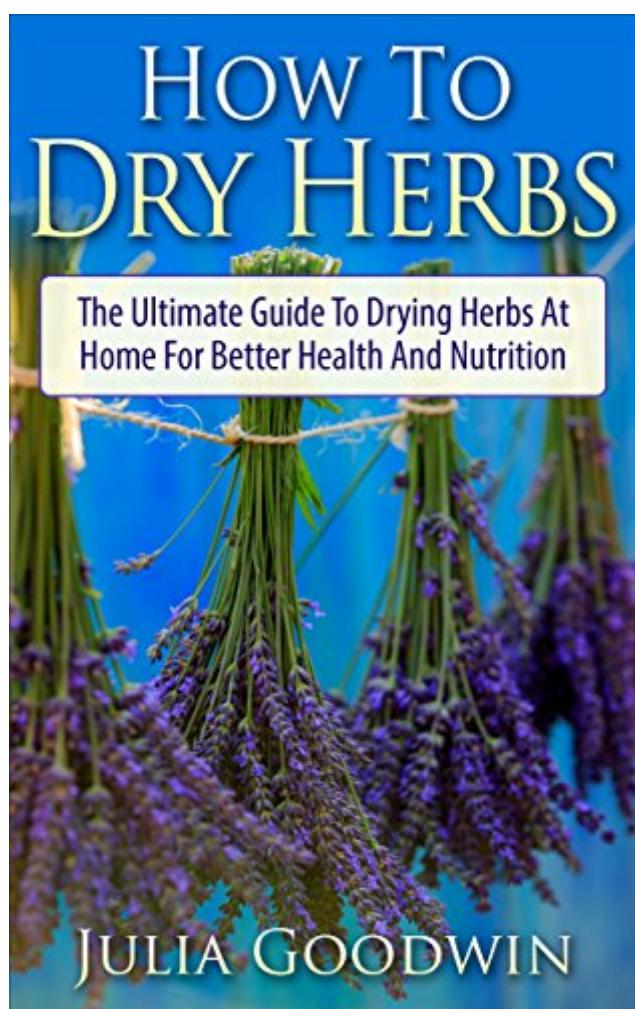


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# How To Dry Herbs: The Ultimate Guide To Drying Herbs At Home For Better Health And Nutrition (Preserving Herbs, Drying Food, Herbs And Spices)



## Synopsis

How To Dry HerbsThe Ultimate Guide To Drying Herbs At Home For Better Health And NutritionEveryone enjoys a good meal that is bursting with flavor. No matter what culture or background you are from, food is the one way to reach the heart and soul of those you truly care about.However, the ability to create a good meal is directly connected to the ability to have the right ingredients available when you need them that will give it that burst of flavor youâ™re trying to create.One way to do that is with adding herbs and spices to your dishes.But the challenge that many people face is either being unable to find the fresh herbs they want or when they find them to be able to afford them. This book will help you to meet both of those challenges.When you learn the basic techniques of drying herbs at home and how simple it is to do then youâ™ll be eager to take those plants that are grown in your own home garden and make a practice of drying and preserving them yourself. Youâ™ll not only add flavor to your meals, youâ™ll add freshness as well. Theyâ™ll also be healthier for the entire family.When herbs are dried correctly, youâ™ll quickly discover that your homemade dishes will be much more flavorful than those you used created with the old store bought herbs that had probably been on the shelf for weeks if not months. Once youâ™ve learned how to dry herbs on your own, youâ™ll never want to buy stale herbs from the store ever again.Download your copy of â•How To Dry Herbsâ• by scrolling up and clicking "Buy Now With 1-Click" button.

## Book Information

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## Customer Reviews

This book was really helpful and clearly written. It went into detail on how to dry all sorts of herbs and the process of all of it. I did not realize that there was that much to it. I appreciated all the options the author provided such as drying racks, hang drying, etc. It really helped to know I was not limited to one option. My choice? I took a vintage wire lamp shade shell and am going to hang my herb bundles from there. It is fun to get creative! Thanks for a great book!

I liked the way each drying strategy was discussed, giving examples of doing deferent herbs that would be best preserved in each manner. The book inspired me to harvest my lemon balm!

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